

COVID-Protocol

[NC DHHS COVID-19 Information](#)

[CDC COVID-19 guidance effective August 11, 2022](#)

Effective Wednesday, August 17, 2022, MTCC's COVID protocol is described below.

Masks are optional on the MTCC campus. The following rules apply regardless of vaccination status:

- I. **Prevention:** Vaccination is currently the leading prevention for COVID-19 pandemic, leading to low-risk symptoms and severe illness. The CDC promotes the importance of being [up to date with vaccination](#) to protect people against serious illness, hospitalization and death. Find [vaccination resources](#) in McDowell County and strongly consider being vaccinated before visiting campus. ([McDowell County Emergency Services COVID-19 Information](#))
- II. All employees are expected to work from their on-campus workstations unless experiencing symptoms at which time they should communicate with their direct supervisor and consult with their healthcare provider. **Please contact the Dean of Curriculum Programs, Valerie Dobson at 828-652-0699 or via email at vbdobson13@go.mcdowelltech.edu to report positive cases or questions.**
- III. Hand-sanitizing stations will be available at all key entrance locations on campus.
- IV. Individual contact tracing and exclusion from school of asymptomatic people after an identified exposure is no longer recommended.
 - A. According to NCDHHS, if students, faculty or staff feel sick or have been exposed to COVID-19 and have symptoms of COVID-19, they are expected to [Get Tested](#), and if you test positive, [treatments are available](#).
 - B. If you were exposed to COVID-19, wear a high-quality mask and get tested on day 5.
- V. Regardless of vaccination status, you should isolate from others when you have COVID-19. Isolate if you are sick and suspect that you have COVID-19 but do not yet have test results.
 - A. Positive COVID:
 1. If you test positive you should stay home 5 days and isolate from others in your home. Wear a mask for 5 days upon return to school/work.
 2. If after 5 days you are fever-free for 24 hours without the use of medication, and your symptoms are improving, or you never had symptoms, you may end isolation after day 5 and wear a mask through

day 10. Avoid being around people who are more likely to get very sick from COVID-19 until at least day 11.

- a) Asymptomatic: Date of specimen collection is day 0.
Symptomatic: Date of first symptoms is day 0.

3. Direct exposure

- a) If you are directly exposed to COVID but do not exhibit any symptoms you may continue your normal activities and wear a mask and get tested on day 5.

Please contact the Dean of Curriculum Programs at 828.652.0699 to report COVID Positive cases or for questions.

*Health Science/Public Service Students will be held to their clinical site requirements.